

Date: Sunday, June 11, 2023

Entrance Fee: $5 for adults, $3 for students

(kids 5 and under are free)

Location: Indianola Middle School

403 South 15th Street Indianola, IA 50125

Gates Open: 8:00 AM

Field Events: 9:00 AM

Running Events: 11:00 AM

Registration: $15 per athlete (plus online processing fee)

Registration deadline: Entries due in Athletic.net by Friday, June 9 11:59 PM

Order of Events: girls followed by boys (field events may not go in age or gender order)

Entries are limited to 850 athletes • Results will be available on aatiming.com

**Field Events**

Javelin SA, A, B, C, D, E

Long Jump SA, A, B, C, D, E

High Jump A, B, C, D, E

Shot Put SA, A, B, C, D, E

Discus B, C, D, E

**Field Event Locations**

Javelin • Located to the east of the stadium (green space)

Long Jump • Located on the south side of the track (2 pits)

High Jump • Located on the north side of the track

Shot Put • Located on the southeast corner

Discus • Located on the southeast corner

**Running Events**

3000 Meter Run \*\* B, C, D, E

80 Meter Hurdles B

100/110 Meter Hurdles C, D, E

100 Meter Dash SA, A, B, C, D, E

400 Meter Dash SA, A, B, C, D, E

800 Meter Run \*\* SA, A, B, C, D, E

200 Meter Hurdles C

400 Meter Hurdles D, E

200 Meter Run SA, A, B, C, D, E

1500 Meter Run \*\* SA, A, B, C, D, E

Age determined as of December 31, 2023

**Age Group # of Events**

SA 2015 or later (8U) 3

A 2013-2014 (9/10) 3

B 2011-2012 (11/12) 3

C 2009-2010 (13/14) 4

D 2007-2008 (15/16) 4

E 2005-2006 (17/18) 4

Check-in / Hip numbers will be located in the shed in the northeast corner of the track.

We will run on a rolling schedule.

 \* Heats may be combined in all races based on number of entrants. All events are finals.

 \*\* 3000, 1500 and 800 age groups may be combined based on number of entrants.

Tents permitted on grass areas around the track. Athletes may also sit in the east bleachers. No camps on the field.

Onsite Concession will be available

**Contact Info**: Nicole Tenges • 515.971.5930 • nicoletenges@gmail.com

Indianola Athletic Booster Club Track Meet (supported by I-RUN)