

2024 Cheetahs Cross Country Developmental Meet

Sunday October 13, 2024

Location: Saydel High School, 5601 NE 7th St, Des Moines, IA 50313

Age Groups: Boys and Girls: 6U, 7-Year-Old, 8-Year-Old, 9-Year-Old, 10-Year-Old, 11-Year-Old, 12-Year-Old, 13-Year-Old, 14-Year-Old

Hosted By: Cheetahs Cross Country/MVP Track and Field Club

Meet Director: Jim McCool - coach@mvptfclub.com

Registration: www.Athletic.net

Entry Fee: \$20.00 paid online with registration

Entry Deadline: October 11, 2024

Awards: 1-3 Medals, 4-6 Ribbons

Rules: AAU Cross Country Handbook

Schedule:

11:00: Course Walk Through

11:30: Coaches Meeting

12:00: 6&U Girls and Boys 1K

12:15: 8&U Girls and Boys 2K

12:35: 9–10-Year-Old Girls and Boys 3K

1:00: 11–12-Year-Old Girls and Boys 3K

1:30: 13–14-Year-Old Girls and Boys 3.2K

This will be a rolling schedule. If we get done early with races, we will start the next age group.

Awards will be given at the conclusion of each race prior to the next race.

