



CRTC Youth Track Meet



General Information:

Date: May 28, 2023

Location: Robert W. Plaster Athletic Complex 651 19th Street NE Cedar Rapids, IA

Registration: \$15 per athlete

Spectator Fee: \$5 ; 10 and under free

Time: 8:30a.m. Gates open

10:00 a.m. Field Events begin

11:00 a.m. Running Events begin

Registration Link: <https://www.athletic.net/TrackAndField/meet/503769/register>

Registration Deadline: Sat 5/27/23 @ 11:59 AM

Timer: Andy Kauder

Announcer: Jon Weih

Order of Events (girls followed by boys in each age group)

Age Groups

3000m Run B, C, D, E

SA – 2015 or later (8 & under) 3

100m Dash SA, A, B, C, D, E, F

A – 2013-2014 (9-10) 3

4x800m Relay ; B, C, D, E

SA – 2015 or later (8 & under) 3

100/110m/80 Hurdles B, C, D, E

A – 2013-2014 (9-10) 3

1500m Run SA, A, B, C, D, E

B – 2011-2012 (11-12) 3

200m Dash SA, A, B, C, D, E

C – 2009-2010 (13-14) 4

400m Hurdles D, E

D – 2007-2008 (15-16) 4

4x100m Relay SA, A, B, C, D, E

E – 2005-2006 (17-18) 4

400m SA, A, B, C, D, E

F- Masters/Open

800m Run SA, A, B, C, D, E, F

4x400m Relay SA, A, B, C, D, E

Age determined as of 12/31/2023

***Relays do not count towards an individual's total number of events*

***13/14 Girls 100 Hurdles will race at middle school state regulated mark*

All events will be a timed final. Please pay attention to the announcer, as we will run on a rolling schedule. Check-in for all running events will be at the blue shed on the west side of the track. Awards will be handed out by the concession stand. (Medals- 1st-3rd ; Ribbons- 4th-6th)

Field Events - youngest to oldest unless noted

Long Jump (2 pits - Boys/Girls) SA, A, B, C, D, E

High Jump A, B, C, D, E

Shot Put SA, A, B, C, D, E

Javelin SA, A, B, C, D, E

Discus B, C, D, E (Will follow javelin)

Triple Jump (Will conclude long jump)

Contact Information:

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